



Proposed Activity Programme

Group Name:

Number in group:

Group Leaders Name:

Number of activity groups: 3

Dates of Visit:

Specific Outcomes: N/A

| | AM (9.30 – 12.30) | PM (1.30 – 4.30) | EVE (7.00 – 8.00) |
|----------------|---|--|-------------------|
| Monday 21st | Arrive after 10am, group will be seen in to their accommodation and given a safety briefing and welcome talk by a member of staff | 1 Crate stack/ Archery 2 Archery / Crate stack 3 Climbing Wall/tunnels | Night walk |
| Tuesday 22nd | 1 Orienteering/Problem solving 2 Problem Solving/ orienteering 3 Bushcraft | 1 Climbing Wall/tunnels 2 Bushcraft 3 Orienteering / problem solving | Egg Drop |
| Wednesday 23rd | 1 Bushcraft 2 Archery/crate stack 3 Crate stack/ archery | Depart after lunch, with formal group debrief. | |

Meal Times

| | |
|--------------|---------|
| Breakfast | 8am |
| Lunch | 12.30pm |
| Evening Meal | 5.30pm |

This is a sample itinerary. The centre now also offers a high ropes course and a tree climb.